

2008 TENTATIVE SCHEDULE - CAMP GINGER CASCADES

THREE-DAY SESSIONS

Baby Sitter's Club (103)

Grades 5-9 in Fall \$130 June 29-July 1

Develop your skills as a baby sitter and learn all about young children including how to care for them, toys that are appropriate for their age, what to do in emergency situations and what your responsibilities are as a baby sitter. Learn what to include in a baby sitter's job bag and how to market yourself. Also, go swimming and cookout.

Camp Sampler (104 A, B)

Grades 2-5 in Fall \$120 June 29-July 1 & July 27-29

Here's your chance to sample what camp has to offer. Go swimming in the pool, make crafts, have fun in the lake with a paddle boat or canoe, learn camp songs, make a snack over a campfire, plus much more.

Creatures of the Night (111 A, B)

Grades 3-7 in Fall \$120 June 29-July 1 & July 27-29

Experience the wonders of camp during the day and after the sun goes down. Enjoy a dance party in your pajamas, take a late night swim in the pool, make glow-in-the-dark crafts and play shadow tag. Then at night, learn about the constellations and listen to a storyteller share tales by moonlight. It's a great time for those who like to stay up late.

C U @ Camp (110)

Grades 5-9 in Fall \$120 June 29-July 1

Hope to C U for this session that is all about you. You chose your activities, you choose when and where you eat – you pick it all. Select your options from all the activities at camp. Archery, canoeing or even a spa day or a movie may be some of the opportunities to “C” what “U” can do @ camp!

Fishing Fun (116 A, B)

Grades 2-7 in Fall \$120 June 29-July 1 & July 27-29

Catch a big fish. . . small ones, too! Go fishing in the camp lake, learn how to cast a fishing line and explore the aquatic habitat. Make a fish print T-shirt (bring a white T-shirt) and create origami fish and other fishy crafts. In addition, participate in regular camp programs during your stay at camp.

Fun in the Sun (121)

Grades 3-7 in Fall \$120 June 29-July 1

Join in the fun as you paddle boat or canoe on the lake, slide down the cascades make a craft and cook over a campfire. This is a great session if you like to do a little bit of everything.

Girls' Rock (122)

Grades 7-12 in Fall \$135 June 29-July 1

Learn the basics of rock climbing on the camp's climbing wall, tie climbing knots and play games. Learn how to belay a climber. Challenge yourself to climb the wall and sign your name on the chalkboard. Then head to Pilot Mountain for a day of rock climbing. In addition, you'll participate in swimming, crafts and other camp activities.

Girlz Night Out (124)

Grades 7-12 in Fall \$120 June 29-July 1

Sleep in late and live up the night! Enjoy a late night pizza party, explore the night sky, swim in the moonlight and dance the night away! Also, try out archery and make crafts that glow!

Go Braves! (126)

Girl Scouts in grades 3-12 in Fall and their brothers/sisters grades 3-12 in Fall and adults; girls may sign up as individuals. *If more than one girl from a family, then a parent must go on the trip.*

\$195 per person June 30-July 2

Hey batter, batter! Sports fans – cheer for the Atlanta Braves baseball team as you attend one of their games in Atlanta. Check out Turner Field including Coca-Cola Sky Field, the press box, broadcast booth and the dugout at the Braves Museum and Hall of Fame tour. Tour the CNN Studio and sports desk and visit the Atlanta Underground (shopping area). In addition, visit Stone Mountain Park to watch the laser light show and participate in other activities. Girls may sign up as individuals or with her family. The group will depart from Hickory at 9 a.m. on June 30 to Atlanta and return to Hickory at 6 p.m. on July 2. The group will not spend any time at Camp Ginger Cascades. The price is based on four people to a room in two double beds. Additional fees may apply for less than four people to a room or to accommodate male participants. To register siblings and adults for “Go Braves,” complete the registration form online or use the camp registration form in this brochure, then e-mail Jeannie Brown, brown@cvgirlscouts.org, with the list of family members attending, female/male, ages and \$35 deposit for each. This must be sent with registration or e-mailed the same day to secure spots. The price includes all admission tickets, hotel (four to a room), meals and transportation. **Registration deadline is May 1, 2008.**

Hide and Seek (128)

Grades 4-9 in Fall \$130 July 27-29

A prize is hidden and ready for you to find it. Use a compass, global positioning system (GPS unit) and your knowledge to discover “caches” hidden around the area and trade in for neat prizes in the sport of geocaching. In addition, go swimming, make crafts and cookout over a campfire.

Hodgepodge (130 A, B)

Grades 3-6 in Fall \$120 June 29-July 1 & July 27-29

Explore a variety of activities at camp. Create a pot out of clay, learn about nature, play games, shoot archery, canoe in the lake, go swimming and cookout over a campfire. Plus, take part in other camp activities.

Iron Chef - CGC (138)

Grades 5-10 in Fall \$130 July 27-29

Learn how to decorate cakes, make candies, bake goodies; and as a group, cook a meal for the entire camp. Try your hand at different cooking and baking techniques both in the kitchen and over the fire. Are you ready to take on a challenge? Use the skills you learned to participate in the Camp Cooking Challenge – you will get the ingredients and the best creation wins! Also, participate in regular camp program.

It's My Party (139)

Grades 3-6 in Fall \$130 July 27-29

Do you love parties? Well this session is for you. Throw a luau, celebrate your un-birthday at a pajama party, attend a tailgate party and much, much more! You will get to make decorations, play games and have a “ball” planning parties.

Kayaking Kraze (140)

Grades 5-9 in Fall \$120 July 27-29

Head to the water to make a splash with your kayak paddle. Learn the basics of kayaking at the camp's lake. Test your skills on an obstacle course at the lake. See what it is like to flip your kayak and discover what to do when that happens! It's a guaranteed wet time on a hot summer day. Also, enjoy crafts, swimming and cooking out.

Medieval Quest (135)

Grades 2-5 in Fall \$120 June 29-July 1

Go on a fantastic journey to the world of castles, knights in shining armor, princesses and famous heroes like Robin Hood. Try your hand at archery, jousting (camp style), making gingerbread and creating your family's Coat of Arms. In addition, go canoeing and participate in other camp activities.

Pet Lovers (133)

Grades 2-5 in Fall \$120 July 27-29

Learn about pet therapy and the tricks of dog training, meet a police dog and learn about dogs that go to work every day. You'll also spend time swimming, climbing the wall and cooking over a campfire. Bring old socks for the "Happy Socks" cat toy service project that you'll donate to local animal shelters.

Scrap-n-Stamp (147)

Grades 6-12 in Fall \$130 July 27-29

Join the scrapbooking craze and get creative in making your own scrapbook pages! Use punches, stamps and templates to create your own work of art. Learn how to make your own stamps for creating designs on paper. Please bring 20-25 photos to create a mini-album. You will also participate in climbing, swimming and canoeing.

Slumber Daze (149)

Grades 2-6 in Fall \$120 July 27-29

Do you love stuffed animals? Bring a stuffed buddy with you to camp. You will get to design clothing and accessories for your stuffed friend and plan a cookout dinner party! You and your new friend will also spend time canoeing, playing games, singing songs and much, much more!

Under the Big Top (151)

Grades 2-5 in Fall \$130 June 29-July 1

Turn camp into a circus while you find the clown in you! Create your own clown face, learn how to juggle and tie balloon animals. You will practice magic tricks, make popcorn, walk the "tight rope" and climb on the wall. You will also participate in regular camp programs.

Zink and Friends (153 A, B)

Grades 2-7 in Fall \$120 June 29-July 1 & July 27-29

Play games, go swimming and make new friends with Zink, the spotted zebra. Meet Giraffe and Elephant and find out about their adventures. You and your new friends will also get to go canoeing, make crafts and climb the wall.

FIVE-DAY SESSIONS

Badge Grab (105)

Grades 4-6 in Fall \$165 July 20-24

Earn a complete badge at camp! Your group will select a “grab bag” that holds the items to complete a badge. Get a chance to make goop or create your own experiment. Play games from around the world or make up a new one. Create mazes and optical illusions or your own rain cloud. Dazzle your friends with card tricks or make an invisible picture appear. It’s all in the bag!

Chill Out (106)

Grades 7-12 in Fall \$165 July 20-24

Teens rate stress as the number one issue for their age group. No stress allowed here! Leave your worries at home and come to camp for a week of “chilling out.” Create relaxing bubble bath products to use at home, explore ways to de-stress your life through time management and relaxation techniques, learn how to do hand and foot massages and gain a better understanding of yourself and those around you. In addition, participate in camp activities and hang out with friends.

Creative Fun (107)

Grades 4-7 in Fall \$185 July 20-24

Add a splash of color, a dab of texture and a spark of imagination, and you have created a recipe for something fun. Make your own jewelry, tie-dye (bring a white T-shirt or pillowcase) and edible art crafts! Also try out the climbing wall, hike to Mary Leach Hollow for sliding down the cascades and discover creativity in nature.

Dancing Divas (114)

Grades 3-7 in Fall \$165 July 20-24

Tap your feet, kick up your heels, sing a song and create a routine for your session’s music video. Boogie over to the pool for a night swim and dance party. Try your hand (and feet) at climbing the wall and cookout over a campfire. In addition, you’ll participate in regular camp activities.

Discovery (115)

Grades 2-6 in Fall \$165 July 20-24

Enjoy the variety of activities awaiting you at camp. Cook over a campfire, stargaze, swim in the pool, paddle boat and canoe in the lake, slide down the cascades and climb the wall with your new friends. Try new ways of making craft projects and much more!

High School Musical (129)

Grades 3-8 in Fall \$175 July 20-24

Walk down the red carpet and join in the camp premier of Disney’s *High School Musical* movie. Watch the film, sing along to “Bop to the Top” and other favorite songs on a karaoke machine, create a picture frame, enjoy movie treats and a trivia contest. You’ll also swim and make crafts.

How'd You Do That? (132)

Grades 5-8 in Fall \$175 July 20-24

Want to find out what makes things tick? Can you poke a hole in a bag full of water and not have any leak? Use what you learn to design and conduct your own experiment. Also, go swimming, canoeing and try archery.

Lanyards and More (141)

Grades 4-9 in Fall \$175 July 20-24

Making lanyards is the number one craft activity at camp. Can you make a spiral or a fish-shaped lanyard? Learn how to weave with more than four strands. Come to camp to learn ways to turn lanyards into creations. Participate in cascading and cooking out s'mores.

Llama Trek (142)

Grades 8-12 in Fall \$275 July 20-24

Here's your chance to get into the beautiful mountains of North Carolina's back country without carrying a fully loaded backpack! Llamas and their guide will lead you on a two-night back country trip and carry most of the gear and food.

Me and My Shadow (143)

Grades 2-3 in Fall \$165 July 20-24

Meet your "shadow" through shadow tag, shadow puppet animals and drawing your shadow. Check out the night sky and other activities you can do as it is starting to get dark. Earn the "Me and My Shadow" Try-it and participate in swimming and canoeing while at camp.

Outdoor Odyssey (145)

Grades 4-8 in Fall \$165 July 20-24

Explore all camp has to offer for you. You may canoe, make a necklace or bracelet, cook a meal, go cascading, hang out at the pool, make a bull's eye with a bow and arrow or sing a new song. You'll have fun with your new friends at camp.

Pottery (146)

Grades 2-6 in Fall \$165 July 20-24

Get creative as you design your own pieces of pottery – wind chimes, pots and other objects. Learn different types of pottery and how to decorate them. In addition, you'll cook out and go canoeing.

SIX-DAY SESSIONS

Aqua Nuts (119 A, B)

Grades 4-8 in Fall \$195 June 22-27 & July 13-18

Go nuts in the water! This camp session is all about the water. Learn the basics of canoeing, kayaking and water safety and how to tie knots and navigate with the stars just like a sailor. You will make knotted crafts and play games on inner tubes in the lake. In addition, go for a late night swim, toss water balloons, go cascading and more!

Art Explosion (102 A, B)

Grades 4-7 in Fall \$210 June 22-27 & July 6-11

Paint a picture, stencil a basket, make a solar print using natural materials, tie-dye a T-shirt or pillowcase (bring your own), make leather crafts and bead a necklace. These are just some of the art projects you'll create this week! In addition, you'll participate in camp activities like cooking pizza over a campfire, swimming, pedal boating and going up the climbing wall.

Camp-a-licious (108 A, B)

Grades 2-6 in Fall \$195 July 6-11 & July 13-18

The fun is waiting for you to discover it at camp with your new friends. Create a delicious treat over the campfire, go swimming in the pool and play water noodle games, make leather crafts, climb the climbing wall and go on hikes.

Camp Scene Investigators (CSI) (112)

Grades 7-12 in Fall \$210 July 6-11

Join us at our hands-on forensic lab where you are the scientist detective. You will use forensics and criminal investigation techniques while solving a simulated crime. Using various methods of evidence – fingerprint, physical or demonstrative – learn what works and what doesn't and why. Talk with a forensic expert and gain first hand knowledge. A crime has been committed at Camp Ginger Cascades, and we need you to help solve the mystery! In addition, you will participate in regular camp program such as climbing and swimming.

Canoeing Fun (136)

Grades 5-9 in Fall \$195 June 22-27

Dip your paddle into the camp lake and learn how to canoe, make a splash while floating on the inner tubes or swamping your canoe, catch a fish, challenge yourself in a water obstacle course and create a craft using sailor's knots. In addition, you'll cookout, go swimming in the pool and make friends.

CIT I (101)

Grades 10-12 in Fall \$195 June 22-27

Counselor-In-Training is for girls wanting to work with younger children in an outdoor setting. Learn all the behind-the-scenes activities that go into making a camp run, develop your leadership skills, improve your knowledge of teaching outdoor skills and lead some younger campers through activities. You will earn the CIT I pin.

Fab Friends (118 A, B)

Grades 2-7 in Fall \$195 July 6-11 & July 13-18

Friends laugh, giggle, have fun and enjoy doing things together. You'll love having a hair do party together, dancing and singing karaoke. Spend time with your new friends making friendship bracelets, learn about how to be a good friend, relax with yoga, create a best friends forever fortuneteller, plus other camp activities such as swimming and cooking over a campfire. There are friends 2B made at summer camp and you may find your BFF!

Funky Doodle (120 A, B)

Grades 4-8 in Fall \$195 June 22-27 & July 13-18

Here is your chance to doodle with a variety of different activities. Along with the usual camp activities you could draw doodle art, make crafts and goop, play "use your noodle" games, spend the night under the stars, go swimming, cookout and many more funky activities.

Glittering Gems (125 A, B)

Grades 4-8 in Fall \$230 June 22-27 & July 6-11

Look for gems in a creek, wash a bucket of gem rich ore in the sluiceway, learn how to identify gems and watch a demonstration on panning for gold at the Emerald Hollow Mine. After you find your gems, you'll create jewelry to show off your gems to others. In addition, participate in regular camp program.

Go with the Flow (127)

Grades 6-12 in Fall \$230 July 13-18

Learn basic canoeing skills including strokes, river reading skills and self-rescue techniques. Practice your canoeing skills at camp, and then it's off to the New River in Ashe County for a day canoe trip. Plus, do regular camp activities.

High Adventure (155 A, B)

Grades 5-9 in Fall \$295 June 22-27 & July 13-18

Experience the thrill of white water rafting the French Broad River, work as a team on the challenge course, scale the camp's climbing wall, swing on a giant ladder, ride the 400 foot zip-line through the air and walk the balance beam on a rope course 40 feet above the ground. In addition, enjoy regular camp program.

Hogwarts Express (156 A, B)

Grades 4-8 in Fall \$205 July 6-11 & July 13-18

Join the Camp Ginger Cascades Quidditch team as you explore the world of Harry Potter. Board the Hogwarts Express and visit the Sorting Hat to find out your "house." Make a glitter wand, make your own "Canary Cream" recipe and take part in a wizard's challenge, using the magic skills you have learned. Plus, go cascading and test out your "flying skills" on your broomstick!

Indian Pow Wow (137)

Grades 3-7 in Fall \$275 July 13-18

Learn about Native Americans through their crafts of beading, dancing and visiting the Indian Village and "Unto These Hills" outdoor drama in Cherokee, N.C. Plus, participate in activities at camp.

It's A Girl Thing (154 A, B)

Grades 4-8 in Fall \$215 June 22-27 & July 6-11

Express yourself while exploring your beauty inside and out. You'll design a theater mask, make your own cosmetics, create designer fingernails, enjoy a midnight snack attack, explore creative writing and make new friends while doing things that make you feel good. Each day learn kickboxing and other martial arts from Greg Suddreth-Stinson of the Japanese American Martial Arts studio.

Little House on the Prairie (113)

Grades 2-6 in Fall \$195 June 22-27

Travel back in time to the life of Laura Ingalls and learn how to play the games she did at your age. Make bread and candles, try a square dance, make a quilt square and more. Also, swim, canoe and more.

Mermaids (157 A, B)

Grades 2-6 in Fall \$195 July 6-11 & July 13-18

Explore the world of mermaids! Decorate your hair, make seashell and sand art projects and listen to stories about mermaids. Enjoy swimming and snorkeling in the pool, creating a synchronized swimming routine, sliding down the cascades and tubing on the lake as you live the life of a mermaid. Create your own water game using fun noodles. In addition, you'll participate in other camp activities.

Ms. Wizard (109 A, B)

Grades 3-6 in Fall \$210 June 22-27 & July 6-11

A mystery has occurred and it's up to you and your friends to solve the "who done it" mystery. You'll work together to find clues – use fingerprints and microscopes, track down suspects and solve the puzzle. In addition, you'll make jewelry with ultraviolet beads, create a super-bouncing ball, create chromatographic art and unscramble secret codes to find a hidden treasure. Plus, participate in regular camp activities.

Pedal Power (144 A, B)

Grades 5-10 in Fall \$240 June 22-27 & July 6-11

Ride the Virginia Creeper Bike Trail on an abandoned railroad bed from White Top to Abingdon, Virginia. On this scenic two-day, mainly downhill ride, you will cross creeks on train trestles, wind through beautiful hills and follow part of the Appalachian Trail. Plus, participate in regular camp activities. You must be able to ride a bike in off-road conditions. Bikes are available from camp for your use on the trip.

Shh! It's A Secret (148)

Grades 2-6 in Fall \$195 July 6-11

You and your friends will love this session as you spend the week playing games, creating secret crafts, telling stories around the campfire and discovering the secrets of Camp Ginger Cascades. Solve a secret code and discover a hidden treasure to unlock a secret treat! You will also get to go cascading, boating and much more.

Sleep with the Sharks (134 A, B)

Grades 5-9 in Fall \$310 July 6-11 & July 13-18

Imagine sleeping in a walkway with 9-foot sharks and thousands of colorful fish swimming over your head. Pet a ray or hold a horseshoe crab, see a jellyfish, piranhas and seahorses. You may even see Nemo and friends as you learn all about beautiful creatures of the ocean. You will travel to Gatlinburg for three days and stay one night at Ripley's Aquarium for the "Sleep with the Sharks" overnight program. You'll eat at the Hard Rock Cafe, make fish prints (bring your own T-shirt or pillowcase), and explore the world of marine biology. Finish off at Splash Country.

Snazzy Stitches (117 A, B)

Grades 4-9 in Fall \$205 June 22-27 & July 13-18

Sewing is fun and you'll love making a unique sassy pillow for your room. Visit a fabric store and pick out supplies to create your own project. Then you'll learn how to use a sewing machine to create your work of art. In addition, you'll participate in regular camp activities like swimming, eating s'mores and boating.

Sweet Factory (123)

Grades 2-4 in Fall \$210 June 22-27

If you have a sweet tooth, you will love Sweet Factory! Not only will you enjoy what camp has to offer like swimming and cascading, but you will also try your hand at making sweets. You will make and eat your creations of rock candy, bubble gum, rice krispie sculptures, molded chocolate, ice cream and other "sweets." You will learn how to cook a pizza in a box and fruit smoothies in a blender. Come taste all camp has to offer in this exciting and yummy session.

Terrific Teens (150)

Grades 8-12 in Fall \$205 July 13-18

A session just for you! Have fun enjoying the activities of camp like archery, canoeing, climbing and swimming. Also, pamper yourself by doing your nails, treating yourself to do-it-yourself spa treatments and creating fancy hairstyles!

Water Wonders (152)

Grades 2-6 in Fall \$195 July 13-18

Get ready to get wet playing water games and going swimming. Explore the lake as you go boating and enjoy a picnic lunch near the water. Also, plan to go cascading, climbing and make crafts.

SPECIAL SESSIONS

Father/Daughter Weekend

Grades 2-12 in Fall and Male Adults

\$35 per person

Set Sail: June 13-15

Port: Camp Ginger Cascades

Ahoy ye mates! Follow the treasure map to adventures for dads and daughters to explore camp together through a variety of swash buckling activities. Remember, ye swab, you'll be out on the open seas of the Camp Ginger Cascades so be prepared to get wet while swimming in the pool and canoeing on the lake! Join us for some yo-ho-ho fun of fishing in the lake, walking the plank and searching for buried treasure. Arrive at 6-7 p.m. on Friday and leave at 10-11 a.m. on Sunday. If you need to leave early because of Father's Day on Sunday, we can make accommodations for you.

Mother/Daughter Weekend

Grades 2-12 in Fall and Female Adults

\$35 per person

July 25-27

Far out! What's shakin'? Can you dig it? Join us for a Super 70's party theme weekend. Travel back in time to flower power, smiley faces, pet rock and dancing the hustle. In addition, go swimming, rock climbing and canoeing. Come to dinner on Saturday in your favorite 70's outfit. The weekend runs from 6-7 p.m. on Friday until 10-11 a.m. on Sunday.

Go Braves! (126)

\$195 per person June 30-July 2

Girl Scouts in grades 3-12 in Fall and their brothers/sisters grades 3-12 in Fall and adults; girls may sign up as individuals. *If more than one girl from a family, then a parent must go on the trip.* (See page 2 for additional details). **Registration deadline is May 1, 2008.**

Core Camp

Troops in Grades 1-12 in Fall

\$27 per person

June 27-29

Girl Scout troops/groups and their leaders spend two nights at Camp Ginger Cascades and take part in programs conducted by camp staff, as well as plan activities on their own. Planned program activities include swimming and a nature activity, plus two others. Details and registration forms are in the Core Camp flyer given out to leaders in February. Bring all food and personal camping gear.